

Hilton East Assisted Living  
231 East Ave,  
Hilton NY, 14468

Postage  
Information

April 2025

# Hilton East Herald

Hilton East Assisted Living | 231 East Ave, Hilton NY 14468 | (585) 392-7171 |



## April Outings

4/1- Hilton  
Clothing Closet  
at 10am

4/2- Wegmans  
at 1:30pm

4/3- Slayton  
Place Breakfast  
8:30am

4/9- Target at  
1:30pm

4/10- Chinese  
Buffet at 11am

4/16- Botanical  
Gardens at 1pm

4/22- Breakfast  
at Abe's 8:30am

4/23- Dollar Tree  
at 1:30pm

4/29- Lunch at  
Dakota at 11am

## Raining Cats and Dogs

Cats and dogs have long held the title of "humans' best friends," but April shines a special spotlight on their roles in our lives. From cuddly companions to tireless helpers, these animals bring joy and purpose to millions. This month, three events highlight their importance and the incredible humans who support them.

World Stray Animal  
Day on April 4

reminds us of the countless cats and dogs in need of loving homes. Globally, millions of stray dogs and cats live on the streets or in shelters. Organizations worldwide work tirelessly to rescue and rehome these animals, giving them a second chance at life. If you've been considering adopting, now's the perfect time to meet your future furry best friend. Can't adopt? Donating time, money, pet food, or

gently used blankets and towels can make a world of difference.

Later in the month, Therapy Animal Day on April 30 celebrates the unique bond between people and therapy animals. Did you know therapy dogs and cats can lower blood pressure and reduce stress levels?

*(cont. on pg. 4)*



## April Birthdays

In astrology, those born April 1–20 are Aries, the Ram. Rams are adventurous go-getters and full of enthusiasm, charm, and energy. Those born April 20–30 have the star sign of the Bull of Taurus. Bulls show steady, dogged persistence in achieving their goals and enjoy being rewarded for that.

4/1- Ken M.	4/19- Sally F.
4/4- Tom K.	4/23- Nick D.
4/6- Dale J.	4/24- James O.
4/7- Leon B.	4/24- Curt B.
4/10- Sue W.	4/26- Kathy C.
4/12- Bev D.	4/28- Ruby R.
4/14- Michael T.	4/28- Gloria H.
4/16- Richard M.	4/30- Douglas T.
4/17- Henry H.	

## Leadership & Extensions

For questions or concerns, call 585-392-7171

201- Front Desk Reception  
223- Jamie Baldwin, Administrator  
230- Jessica DiPasquale, Resident Care Director  
225- Jheanell Daley, Case Manager  
204- Mary Ellen Wichman, Nursing Director  
217- Tracy Crooks, Activities Director  
216- Matt Piato, Dietary Supervisor  
226- Brandon Davis, HR Director  
202- Bella Natoli, Admissions Coordinator  
219- Amy Peers, Facilities & Housekeeping Director  
229- Todd Baldwin, Aide Scheduler



## The Metric Divide

Feet, inches, pounds, miles, teaspoons, and degrees Fahrenheit. What do all these measurements have in common? They're part of the U.S. customary measurement system, closely akin to the British imperial units—a standard many say has outlived its usefulness. Only three countries in the world—the United States, Myanmar, and

Liberia—use this system. All other countries have adopted the metric system. If you're ready to join the rest of the world, then take a stand on April 7, Metric System Day.

The metric system was developed in France during the French Revolution and was officially adopted on April 7, 1795.

Nearly every nation has adopted it since. Yet Americans still bake using cups, measure height using inches, and fill up gas tanks by the gallon. This persistence is largely due to the time and cost of changing the country's infrastructure, as well as pushback from businesses and citizens reluctant to undergo such a significant transition.



**GIFT SHOP HOURS:**

SUNDAY-  
CLOSED

MONDAY &  
TUESDAY 10-  
11AM

WEDNESDAY  
3:15-4:15PM

THURSDAY &  
FRIDAY 10-  
11AM

SATURDAY  
3:15-4:15PM

Stop in and  
say hello to  
Liz!

**FROM THE ADMINISTRATORS DESK:**

April showers bring May flowers. We will begin working on planting flowers soon so we can beautify the landscape. We are working on building a coffee cart so you will have coffee available in the Rec room in the upcoming weeks which is very exciting. As always stop by to say hello, my door is always open!!! Happy April everyone!!!

*Your Administrator,  
Jamie Baldwin*

**RECREATION UPDATE:**

Spring is in the air, come join our Garden Club on April 14th to celebrate the nice weather!

This month we will have two ice cream socials, an April birthday party and an Easter Party!

We'll enjoy breakfast at the Slayton Place and Abe's, as well as lunch at the Chinese Buffet, and Dakota Grill.

We are starting our book club on Monday April 7th. We will all vote on a book to read, then we will get everyone copies and we will discuss the book at the next meeting. If you missed the last sign language class please join the next class on Thursday April 17<sup>th</sup> at 2pm with Tracy.

Eileen D. will be teaching Braille on Thursday April 3<sup>rd</sup> at 1:30pm. Thank you all for making what we do here fulfilling, we are grateful we have the opportunity to make a difference with each and every one of you!

Tracy Crooks  
Activity Director



**DIETARY UPDATE:**

April 2<sup>nd</sup> is national PB&J day! We'll do peanut butter and jelly sandwiches with honey and fresh fruit in the kitchen.

On April 20<sup>th</sup> we'll celebrate Easter Sunday with a baked ham!



MEAL TIMES	
1 <sup>ST</sup> SERVE:	2 <sup>ND</sup> SERVE:
BREAKFAST 7:30AM	BREAKFAST 9AM
LUNCH 11AM	LUNCH 12:30PM
DINNER 4:30PM	DINNER 6PM

“April hath put a spirit of youth in everything.”

~ William Shakespeare

**Congratulations**



To The  
**March**



**Employee of the month**

**Lisa Alessi !**

