

Providing added attention
and care for residents of
assisted living communities.



 **elderplan**
homefirst[®]
a member of MJHS Health System

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New Yorkers caring for New Yorkers.

As a not-for-profit health plan founded right here in New York, our primary objective is ensuring that members of our community receive the quality care and support they deserve.

Elderplan is a member of MJHS Health System, founded by Four Brooklyn Ladies in 1907 based on the core values of compassion, dignity and respect. For more than 35 years, Elderplan has proudly carried on that tradition, caring for people of every race, ethnicity, faith, national origin, gender identity or expression, sexual orientation or military status.

Caring for people means looking out for them, too. That's why Elderplan Assist (HMO IE-SNP) provides a skilled Nurse Practitioner (NP) or Physician Assistant (PA) to provide the care and support you need to help you continue living independently.

If you'd like to know more about our plans, please call us. We're here to help. Call **1-866-305-1189 [TTY: 711]** from 8 a.m. to 8 p.m., 7 days a week.



Receive added care from a team dedicated to helping you remain independent.

Elderplan Assist offers the care you need to maintain your independence. And, since receiving care at home is now more important than ever, Elderplan Assist makes that possible. A skilled NP or PA and a dedicated RN work together to care for you where you live. They'll know you, your medical history, current health condition, and take a comprehensive approach to your health care by:

- Coordinating with your primary care doctor to create a customized treatment plan
- Conducting preventive wellness-focused care, managing chronic conditions, ordering lab tests, writing prescriptions and providing effective pain management
- Offering an added level of attention that can help avoid unnecessary and stressful emergency room visits or hospitalizations
- Communicating any updates with you, your doctors, and if you wish, family members, providing comfort and peace of mind



Elderplan Assist will save you more money than traditional Medicare.

In addition to helping you remain safely at home, Elderplan Assist offers valuable benefits including:

- \$0 co-pay for in-person or telehealth primary care and specialist doctor visits
- \$0 for transportation to medical appointments, outings and holidays with family, religious services, shopping and more – up to 6 oneway trips quarterly
- \$2,000 for hearing aids every 3 years, both ears combined
- Up to \$312 per year for over-the-counter (OTC), health-related items¹
- \$10 co-pay for 6 routine podiatry visits per year
- \$500 for eyeglasses or contact lenses every 2 years
- \$10 co-pay for acupuncture – up to 20 visits per year
- \$0 co-pay for diabetes supplies
- \$20 co-pay for chiropractic visits
- **NEW!** BrainHQ® – a memory fitness program to improve brain function through games, puzzles and other fun exercises



Frequently asked questions about Elderplan Assist.

Q. Is Elderplan Assist a long-term care plan?

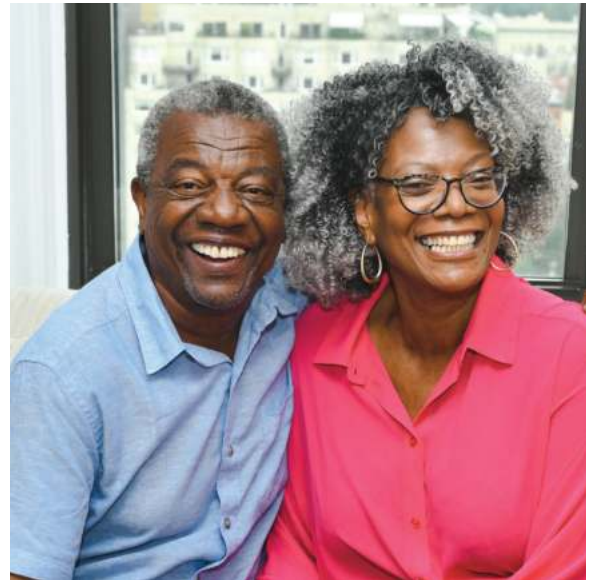
A. No, you will continue to receive long-term care services from your assisted living facility or managed long-term care plan. Elderplan Assist is a Medicare Advantage plan that provides hospital, medical, prescription drug coverage and more.

Q. Do I get to participate in the development of my individualized care plan?

A. Yes, we welcome your participation. Feel free to ask questions and offer input.

Q. Who is eligible to enroll in Elderplan Assist?

A. You must have Medicare Part A and B, require nursing-home level care and live in one of Elderplan's contracted assisted living facilities.



1-866-305-1189

[TTY: 711]

8 a.m. to 8 p.m., 7 days a week

**Visit GetElderplan.org
for more information.**



Elderplan has a lot of ways to help you live life your way.

If this does not seem like the right plan for you, we have other plans that may better fit your needs. To learn more, call 1-866-305-1189 [TTY:711] 8 a.m. to 8 p.m., 7 days a week or visit GetElderplan.org.

Elderplan is an HMO plan with Medicare and Medicaid contracts. Enrollment in Elderplan depends on contract renewal.

Elderplan/HomeFirst complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Elderplan/HomeFirst cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-353-3765 (TTY: 711).

Elderplan/HomeFirst 遵守適用的聯邦民權法律規定，不因種族、膚色、民族血統、年齡、殘障或性別而歧視任何人。注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-353-3765 (TTY: 711)。

¹ Members in this plan receive a monthly maximum amount (\$26 every month) to purchase eligible over-the-counter (OTC) items at authorized retail stores. The OTC card balance cannot be carried over to the next month. The OTC card is not a debit or credit card and cannot be converted to cash.

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**Caring every minute,
every day.**

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**Scan with your phone's camera
to make an appointment.**